






# January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	1/1 No School	1/2 No School	1/3 Teriyaki Beef Bento Box	1/4 Taco Wrap	1/5 Chili Fritos Bowl
	1/8 BBQ Rib Sandwich with Chips	1/9 Pasta with Meatballs	1/10 Orange Chicken Bento Box	1/11 Taco Bar	1/12 Chicken Potato Bowl
	1/15 No School	1/16 Queso Mac and Cheese	1/17 Teriyaki Chicken Bento Box	1/18 Fiesta Beef and Bean Nachos	1/19 Beef Taco Bowl
	1/22 Meatball Sub with Chips	1/23 Totally Chicken Alfredo	1/24 Sweet and Sour Chicken Bento Box	1/25 Burrito Bar	1/26 Turkey Gravy Bowl
	1/29 Sloppy Joe with Chips	1/30 Extreme Mac and Cheese	1/31 Teriyaki Beef Bento Box		
	Cheese & Pepperoni available daily, Hawaiian and Sausage rotated weekly. Dip and Dunkers available Tuesday and Thursday <i>Include an trip thru the fruit and veggie bar.</i> <i>All pizzas feature low fat cheese, low sodium sauce &amp; whole grain crust</i>			Cheeseburgers, Regular and Spicy Chicken Sandwiches and Chicken Nuggets available daily All grill choices are served on whole grain buns and are offered with oven potatoes <i>Includes a trip thru the fruit and vegetable bar</i>	
	Assorted sandwiches and salads available daily All sandwiches served on whole grain rolls. <i>Complete you meal with a trip thru the fruit and veggie bar.</i>		<b>WHAT COMES WITH A COMPLETE MEAL?</b> Every day all lunches come with an entrée and at least one other item. Other items include a variety of fresh & canned fruit and vegetables, a side salad and fat free or low fat milk.		
	Everyday a garden variety of produce is available to accompany your lunch—you choose what you want and how much! Among the choices are fresh fruits, garden fresh greens and canned fruit or vegetables and complete your meal with a milk		<i>This institution is an equal opportunity provider.</i> 