

# Oregon Trail School District

## Comprehensive Guidance & Counseling Program

### Counseling Program Mission Statement

The mission of the Oregon Trail School District's Comprehensive Guidance and Counseling Program (CGCP) is to support each and every student to develop competence in the domains of academics, career exploration, personal/social growth and community involvement in order to be responsible, self-directed and contributing members of society. The CGCP program is an integral component of the district's overall educational program, with developmentally appropriate services systematically delivered by the K-12 educational community.

### Philosophy Statement

Oregon Trail School District believes that our comprehensive guidance and counseling program is an essential and integral part of our district's educational program. We believe that guidance and counseling is critical for all students, in order to develop the necessary academic, career, personal-social, and community involvement required to succeed both in school and life.

We acknowledge that guidance and counseling is not a service offered by one person, but a planned developmentally appropriate program coordinated by the entire education community of the district.

### Confidentiality in Counseling

Counselors will keep information confidential unless disclosure is required to prevent clear and imminent danger to the student or others or when legal requirements demand that confidential information be revealed. Counselors will consult with appropriate professionals when in doubt as to the validity of an exception.

### Ethical Standards of Oregon Trail School Counselors

Oregon Trail school counselors' professional work is governed by the Ethical Standards of the American School Counselor Association (ASCA) and the American Counseling Association (ACA). These guidelines state that Oregon Trail counselors have certain responsibilities to students, parents, colleagues and professional associates, the school community and self.

ASCA website [www.schoolcounselor.org](http://www.schoolcounselor.org)

ACA website [www.counseling.org](http://www.counseling.org)

### Competencies Addressed

The CGC Program of the Oregon Trail Schools provides all students with regular opportunities to acquire a solid foundation of knowledge and skills in four areas.

#### Personal and Social Development

Students learn to:

- Understand self as an individual and as a member of local and global communities
- Interact with others in ways that respect individual and group differences
- Apply personal safety skills

#### Academic Development

Students learn to:

- Apply skills needed for educational achievement
- Apply skills of transitioning between educational level
- Develop and monitor personal educational plans

#### Career Development

Students learn to:

- Know where and how to obtain information about the world of work

- Apply employment readiness skills and the skills for on-the-job success
- Apply career exploration and planning skills in the achievement of life career goals

## **Community Involvement**

Students learn to:

- Know where and how to apply personal skills in making contributions to the community
- Apply communication, teamwork and problem-solving skills as a contributing member of the community
- Understand ethical and responsible behavior as a community member and contributor
- Create a sense of connectedness in a community through ongoing community service projects and activities

## **Comprehensive Guidance and Counseling and Positive Behavior Support**

The Oregon Trail School District utilizes Positive Behavior Support (PBS) as an integral component of its Comprehensive Guidance & Counseling (CGC) Program. PBS is a schoolwide approach for promoting positive behavior in all students. By reducing behavioral problems, PBS creates and maintains safe learning environments where teachers can teach and students can learn. The CGC Program and PBS work together to promote and enhance student achievement and well-being.

## **Counseling Services**

### **Guidance Curriculum**

- The Counselors teach classroom lessons and collaborate with teachers on topics that facilitate student acquisition of skill in the areas of academics, career awareness, personal/social development and community involvement.

### **Responsive Services**

- Individual Counseling
- Counseling Groups
- Parent, Teacher, Student Collaboration
- Crisis Counseling
- Referral Services
- Peer Facilitation

### **Individual Student Planning**

- Individual appraisal of abilities, interests, skills and achievement.
- An Educational Plan and Profile is established for each student in grades 7-12
- Transition planning Elementary to Middle and Middle to High School
- Student Study Teams: Counselors, parents, and staff meet to promote student success

### **System Support Services**

- Consultation with Parents, Teachers, Administrators
- Program Coordination
- Professional Development
- Community Outreach

### **Student Advocacy**

- Work for the personal success and self advocacy of every student
- Identify and minimize barriers to learning
- Promote equity

### **For more information, contact:**

#### **Oregon Trail School District**

Student Services, P.O. Box 547, Sandy, OR 97055, 503-668-4949

[www.oregontrailschools.com](http://www.oregontrailschools.com)